



Sana, Sana, Colita de Rana

San Mateo County
Latino/a/x Collaborative



presents

10th Latino/a/x Health Forum



Dra Garcia, has received numerous Leadership Recognition Awards for her commitment to serving Chicano/a, Latinx community.

A Decade of Healing Together

Family Event

Saturday, November 4, 2023

11 am to 3 pm

South San Francisco High School

400 B Street

South San Francisco, CA

Presented in Spanish.

Keynote Speaker: Dra. Estela Garcia

Learn about:

- How to obtain Behavioral Health Services
- Healing sessions for Latinx community
- Emotional Wellness
- Community Resources



Don't miss a special music performance!!!

Plus enjoy delicious food and dancing!



For event details and updates, scan the QR code:



This event is dedicated in memory of
Hector Robles- Moncada
Co-chair & co-leader of 1st, 2nd & 3rd
Sana Sana Event



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**





Sana, Sana, Colita de Rana

Condado de San Mateo
Colaborativo Latino/a/x



presenta

el décimo ***Foro de salud*** ***latino/a/x***



Dra Garcia ha recibido muchos premios de reconocimiento al liderazgo por su compromiso a servir la comunidad Chicana y Latinx .



Este evento se dedica en memoria de
Hector Robles- Moncada
Copresidente y co-líder de 1º, 2º y 3º
Sana Sana Evento

Una decada sanando juntos

Evento Familiar

Sábado, 4 de noviembre, 2023

11 am - 3 pm

South San Francisco High School

400 B Street

South San Francisco, CA

Presentado en Español.

Oradora Principal: Dra. Estela Garcia

Aprende sobre:

- Como obtener servicios de salud mental
- El bienestar físico y emocional
- Recursos en la comunidad



Presentacion especial de un cantante
Venga y disfrute de comida rica y baile



Para detalles y actualizaciones del evento,
escanee el código QR



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

