

Results & Feedback of The Mills High School Wellness Panel

**Cultural Project Summary
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Event Agendas

Information from mental health organizations

3 panel topics in English & Mandarin (Cantonese interpretation)

Adolescent development

Parent-Child communication

Resources

Q & A, survey collection, raffle prizes

Information from mental health organizations

What did I do?

Provided parents information about Pre-To-Three

Presented in Mandarin on Parent-Child communication

Answered questions from parents

Translated panel related materials

Analyzed survey results

Survey Results

Demographics

$N = 34$ (5 from the Chinese group)

Gender: 85.3% female, 14.7% male

Parents' age: 70.6% between 45-54, 20.6% between 35-44

Children's age: 82% between 13-19

Country of Origin

Other: 2 Latin America, 1 Japan, &
1 El Salvador

Last year: 61.1% from China

My suggestion:

Ask ethnicity instead of
country of origin?

Country	Percent
China	35.3
Taiwan	17.6
HK	11.8
Philippines	8.8
Vietnam	2.9
Korea	2.9
European/US	8.8
Other	11.8

Primary Language

Language	Percent
English	70.6
Cantonese	5.9
Mandarin	14.7
Other	5.9

Second language

Cantonese ($N = 4$)

Chinese workshop

4 parents speak Mandarin

1 speak Cantonese

Insurance

Insurance	Percent
Private	52.9
HPSM-Medi-Cal	8.8
Covered CA-Kaiser	14.7
Covered CA-Blue Shield/Blue Cross	11.8
Other	8.8

Other: VHC, Aetna

Panel Evaluation

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Prior understanding - good ($M = 3$)

Post understanding - very good ($M = 4$)

Impression of the presenters - Very good ($M = 4$)

easy to understand

professional knowledge

overall impression of the workshop

67.6%



of the parents expressed interests for future workshops that are similar to this one.

58.8%



wanted more events as such offered in Chinese language.

What are parents saying?

Recommendations

Needs in the Chinese community

Outreach to monolingual Chinese population

Clinicians/outreach workers with the language skill

Events tailoring their interests

Accommodations: food, incentives, topics

New and improved topics in future events?

Video game addiction

Cultural differences

Thank You!