

# Behavioral Health Commission

Unadopted Minutes

Wednesday, March 1, 2023

Zoom Meeting

**COMMISSION MEMBERS PRESENT:** Chris Rasmussen, Chelsea Bonini, Frieda Edgette, Jean Perry, Leticia Bido, Michael Lim, Sheila Brar, Gina Quiney, Kristina Bell

**STAFF:** Chantae Rochester

**COMMISSION MEMBERS ABSENT:**

**Excused:** Candice Hawley, Katelyn Chang, Paul Nichols

**Un-excused:**

**OTHERS PRESENT (signed in):** Candice Muntz, Pat Willard

**CALL TO ORDER**

The meeting was called to order at 3:32 p.m. by Chris Rasmussen

**INTRODUCTIONS**

Commission members introduced themselves

**APPROVAL OF TODAY'S AGENDA**

Approval of the Agenda

▶ **M/S/C** Edgette/Lim

**APPROVAL OF MINUTES**

Approval of minutes from the February 1, 2023, meeting.

▶ **M/S/C** Brar/Edgette

Approval of minutes from the February 15, 2023, Executive Committee Meeting

▶ **M/S/C** Brar/Edgette

**Correspondence, Announcements, and Public Comment**

Jean Perry

California START – A collaborative Initiative with Regional Centers throughout the State. See attached flyer for more information.

League of Women Voters Bay Area virtual educational conference, Saturday,

May 4, 10-1 p.m. [HYPERLINK "https://protect-us.mimecast.com/s/cl9kC1wpG1cXK3VAsGCbej" \t " blank"](https://protect-us.mimecast.com/s/cl9kC1wpG1cXK3VAsGCbej) Register here for this Virtual Event

## **STANDING COMMITTEES**

### **Committee for Children & Youth**

**No report for this month**

Next meeting will be held on April 19, 2023, at 4:00 p.m.

In-Person at 2000 Alameda de las Pulgas, Room 201, San Mateo

Or virtual via Zoom

### **Committee for Adults**

**Reported by Yoko Ng**

Next meeting will be held on April 19, 2023, at 10:30 a.m.

In-Person at 2000 Alameda de las Pulgas, Room 201, San Mateo

Or virtual via Teams

### **Committee for Older Adults**

**Reported by Jean Perry**

The next meeting will be held on April 1, 2023, at 11:00 a.m.

In-Person at 2000 Alameda de las Pulgas, Suite 100, San Mateo

Virtual via Teams

### **Committee for Alcohol and Other Drug Services**

**Reported by Chris Rasmussen**

The next meeting will be held on April 18, 2023, at 1:00 p.m.

In-Person at 310 Harbor Blvd., Building E, Belmont

Virtual via Teams

### **Mental Health Services Act Steering Committee**

**Reported by Jean Perry**

The next meeting will be held on May 4, 2023, at 3:00 p.m.

In-Person location TBD

Virtual via Zoom

### **Director's Report**

Interim Director Lisa Mancini was not able to attend.

Please see the latest [HYPERLINK "https://www.smchealth.org/sites/main/files/file-attachments/directors\\_update\\_mar\\_2023.pdf?1677525338"](https://www.smchealth.org/sites/main/files/file-attachments/directors_update_mar_2023.pdf?1677525338) [Director's Update](#)

Past issues can be found [HYPERLINK "https://www.smchealth.org/bhrs/directors-update"](https://www.smchealth.org/bhrs/directors-update) \o "https://www.smchealth.org/bhrs/directors-update" \t "\_blank" [here](#).

**Liaison, Task Force and Ad Hoc Committees**  
**Suicide Prevention Committee**  
**Reported by Yoko Ng**

The Suicide Prevention Committee met on Tuesday, February 7, 2023.

We discussed:

Survey results from 2020 survey

Goal #2 of the roadmap

The next Suicide Prevention Committee Meeting is Tuesday, April 4, at 1:30 – 3:00 p.m. via Zoom.

**Old Business**

Nothing to report.

**New Business**

New Ad/Hoc Committee:

Strategic Partnership/Membership (recruitment)

Chair – Michael Lim

Members (volunteers) – Gina Quiney, Sheila Brar, Frieda Edgette, Leticia Bido, Jean Perry

**Presentation**

MHSA 3-Year Plan Input Session

Led by: Commissioner Jean Perry

Chris Rasmussen

24/7 Crisis Response

Using data from the pilot programs to build countywide infrastructure for crisis response. Submit a copy of the report that was given to the Board of Supervisors.

Yoko Ng

Housing and workforce that single out true bilingual staff who are competent to serve the community. Provide bilingual staff more training to allow them to be able to serve the community. Screen based on job related language; recruitment shouldn't be limited to bilingual but those who are culturally competent. Upgrade capacity for those positions as well as recruiting, screening, and further training.

The teams that provide direct services need more bilingual staff with diverse backgrounds.

Star Vista has a huge population of bilingual staff, they are an example of an organization who has done it well.

Provide training for culturally sensitive populations.

Freida Edgette

Focused resources to take the caregiver roadmap (for parents and caregivers) and connect it to the continuum of care. Create visibility as well as articulating rights and expectations and who to call. It would be great to include a peer component as well.

Four phased process to take them through:

Get all stakeholders in the same room

Where are there linkages with different agencies?

Demystify the systems and provide heartfelt support with respect of where to go to get support for parents and caregivers

Navigating the complexity of the system

Look for patterns and trends

Then go to the most frequent tracks/scenarios and build the path and branch out from there

How do you make people aware of the programs available (not just parents and caregivers but teachers and others)?

Have a way to add information and share it with the community

Have a way to keep the information current

Not a call number and leave a message

Something that is useful

It should include testimonies and stories that would be video based

Gathering the stakeholders in the beginning would help with the process

BHRS in partnership with community partners

The custodian of it as it grows and changes

It would be a collaborative effort

Someone with strong media background

Design an app

Kept relevant within a 3-year window

Yoko Ng

Simplify the housing application and reduce the application fees, they are too high.

Leticia Bido

Have something like a street team for advocacy.

How do we reach our most vulnerable?

Ensuring that those who don't normally interact with youth services know what is available

Collaborate with community partners

Think about those who are not yet linked to services

Michael Lim

There's a group of people doing this type of work, they are not yet mobilized, the Health Ambassador Program through the Office of Diversity and Equity (ODE).

Health Ambassador Program for Youth run by StarVista:

They are educated in various part of mental health

This area of education could be expanded to include:

Diversity and equity

Alcohol and Other Drug Services

Homelessness

Justice Involved

The subject topic for graduation is limited, maybe we want to expand that and that has a way of feeding into our peer support program.

These people have lived experience

This could be a pathway for workforce development

Pathway for them to become Peer Support Specialist

**Meeting Adjourned:** The meeting was adjourned at 5:05 p.m. by Chris Rasmussen

**Next MHSARC Meeting:** April 5, 2023, from **3:30-5:00 p.m.**  
College of San Mateo  
College Center- Building 10, Room 468

**Next Executive Committee Meeting:** Monday, April 17, 2023, at 5:00 p.m.  
2000 Alameda de las Pulgas, Atrium

Room

San Mateo

**PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE BHC OR EXECUTIVE COMMITTEE MEETING.**

In compliance with the American with Disabilities Act (ADA), auxiliary aids and

services for this meeting will be provided upon request when given three-day notice.  
Please call 650.573.2544.

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